# ACCESS GUIDE FOR YOUR LIFE WITH GOD



#### INTRO



"I have come that they might have life and have it to the full." John 10:10

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these." Mark 12:30-31

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. 2 Peter 1:3

We are a church seeking to live life with God in soul, community, and mission.

#### **PURPOSE**

We're delighted that you are considering becoming a Mission Partner. At its core, you're being invited to join with this faith village in experiencing a deep life with God and others. We offer this simple guide as one of many steps we'll take as we journey together.

The purpose of this guide is to encourage every Mission Partner to develop a personalized Rule of Life. If you've already developed one, great! But if this idea is new to you and the word "rule" sounds less than appealing, consider this helpful explanation:

"Some of us might resist the idea of a "rule" as restricting our lives, but the intent is to create a guide that shapes our lives and allows us to thrive. This use of the word "rule" is from the Latin regula (not from lex or law). A regula serves as a guidepost or railing—something to hang on to in the dark that leads us to where we are going".



(https://fulleryouthinstitute.org/blog/learning-the-unforced-rhythms-of-grace)

## RULE OF LIFE DEFINED

"A Personal Rule of Life is a holistic description of the Spirit-empowered rhythms and relationships that create, redeem, sustain, and transform the life God invites you to humbly fulfill for Christ's glory."—Stephen A. Macchia, Crafting a Rule of Life



## A LIVING DOCUMENT

The best part is that a Rule of Life is a "living document" and is meant to be adapted and changed as you navigate different seasons in life. It is meant to be used regularly to help you stay focused on the key parts of your life. The question is how might this document be useful to you in particular? What will work for your life in this season?

#### **PERSONAL**

Because it's personal to you, a Rule of Life can come in a myriad of forms. It might contain:

Practices and/or rhythms that you intentionally commit to for a season Bible verses significant to you Identity statements
Guiding Principles
Personal Vision or Mission statement
Old Vows / New Vows



#### 1-GETTING STARTED

Prayer (1 m)

Begin with a few moments of prayer to ask God to bring to mind the important things He would like you to recall for this process. Be assured that this is a living document and the end user is you. This is your life and you're not doing this to impress anyone or to be someone you're not. This is a purposeful way of acknowledging your identity in Christ and how that works out in life.



### 3-PRACTICES

Spend 10 minutes jotting down practices or rhythms to guide your life. Consider thinking about one or two practices that might nurture your soul, deepen community, and help you be faithful in mission.

As a new mission partner, we encourage you to get involved in a small group as a practice of community.



#### 2-LISTENING

Spend 10 minutes jotting down insights about your life. What is important to you in this season of life? What do you need? What does your soul long for?



#### REFLECTIONS



#### SUSTAIN

We offer a variety of opportunities to assist you in developing your Rule of Life.

Rule of Life (LTi), Focused Life Faithwalking 101 Group, Life of Discipleship Formation Group, FW201 Formation Group Annual Examen (Dec)

If you'd like to talk over your Rule of Life with someone, please reach out at staff@accesslive.org.

